

**BHARAT DYNAMICS LIMITED
CORPORATE OFFICE
GACHIBOWLI : : HYDERABAD**

(Human Resources)

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CIRCULAR

As we all know, COVID-19 pandemic has confronted the world with an unprecedented situation and it is identified that one of the foremost concerns from the different aspects of COVID-19 is its impact on mental health of different sections of the population, especially children who have lost their parents/family, and/or whose parents/siblings, family members are in quarantine centers or hospitals. Children with various physical and mental disabilities and especially mental health disorders are also more vulnerable during this trying time.

2. In this regard, Ministry of Health and Family Welfare vide D.O.No. 1908116/AS(H)/2020 dated 5th Oct, 2020 has informed that the National Commission for Protection of Child Rights (NCPCR) with India Co-Win Action Network (I-CAN) has created a network of qualified and trained Counselors/Psychologists/Experts for providing psychological first-aid and emotional support through its toll free tele-counselling **SAMVEDNA (Sensitizing Action on Mental Health Vulnerability through Emotional Development and Necessary Acceptance) (1800-121-2830)** (From **Mon-Sat 10.00AM-1.00PM and 3PM to 8PM**). Technical support in terms of training of counsellors has been provided by NIMHANS. This toll-free number is available for children who are affected during COVID 19 pandemic, who may need counselling, including children who are isolated in facilities or are in quarantine centers or hospital.

3. The employees and their family members may avail the facility, if required. The information about this facility may also be spread in the society for the benefit of others.



(Biplab Sinha)

Dy.General Manager(C-HR)Policy & Legal

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